

SOUTHERN

CHAMPIONSHIPS 2025

TAEKWONDO
SOUTH WEST



WHEN & WHERE?



4 October, 2025
9:30 AM JUNIORS
12:00 PM ADULT



Torbay Leisure Centre
Paignton, Devon

Divisions

- ✔ PATTERNS
- ✔ SPARRING
- ✔ DESTRUCTION
- ✔ TEAM EVENTS

**DON'T MISS OUT!
REGISTER NOW!**



WWW.TAEKWONDOSOUTHWEST.CO.UK





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SOUTHERN CHAMPIONSHIPS 2025

Torbay Leisure Centre
Penwill Way
Paignton
TQ4 5JR



Saturday 4th October 2025

Dear Instructor.

You and your students are invited to attend the above event.

ALL Junior Competitors to arrive by 9.30 A.M. Adult Competitors by 11.30am

JUNIORS

Up to & including 15 years old.

CADETS

No Cadets in this competition

ADULTS

16 years & over

~~EXECUTIVE MALE & FEMALE~~

No Executives in this competition

All sparring divisions will be combined as follows

9TH KUP TO 5TH KUP SPAR TOGETHER
BLACK BELTS TOGETHER

4TH KUP TO 1ST KUP SPAR TOGETHER

Please use the New South West Entry Form at the back of this information pack.

**Contact Your
TAGB School Instructor
For details & student entry deadline.**

**NEW Competition Entry Form
at the rear of this pack.**

Instructor Deadline for Entries:

21st September 2025

Please speak to your school instructor for your school's entry deadline

INSTRUCTORS INFORMATION:

All competitors must be entered using your TAGB School Management Software before the DEADLINE.

All instructors who have competitors taking part in these championships should attend themselves or delegate a senior person who is a competitor or official to assist your students in the event of any problems that may arise with your students, this is usually the children. Please ensure you enter your student details correctly. There is not a submit button for competitions. All competitors on the left - hand side of the screen on the deadline date will be entered into the competition.

Please remind all spectators that they **ARE NOT ALLOWED** onto the competition area. Failure to adhere to these rules could result in them being asked to leave the tournament venue.

OFFICIALS

All officials, including, umpires, referees, welfare officers, media and medics **MUST** register online by visiting our area website or scanning the QR code www.taekwondosouthwest.co.uk/events

Officials' deadline: 21st September 2025

Failure to pre-register will mean that you will be asked to pay an entry fee.

If you are competing, you cannot officiate. Officials are not permitted to coach.

Officials must be Black Belts who have attended at least part 1 of the TAGB umpire's course.

Officials must wear the official t-shirt (plain black t-shirt if you have not yet received your official t-shirt) with smart grey or black trousers and sports shoes. Or the TAGB Official over top.
NOT SHIRT & TAGB TIE.

All officials **MUST** bring their BLACK BELT LICENCE BOOK FOR STAMPING TO RECORD THEIR ATTENDANCE.

YOU MUST ARRIVE BY 8.30 A.M. OTHERWISE YOU WILL BE ASKED TO PAY TO ENTER

****NEW****

This event is committed to being single-use plastic water bottle free. As such, officials, welfare officers, medics, and the media team are kindly requested to bring their own reusable water bottles, which can be conveniently refilled at the designated water stations within the leisure center.

FOOD WILL NOT BE PROVIDED FOR OFFICIALS AT THIS EVENT.

FIRST AID

The South West Medic Team will be available in the competition area.

In line with TAGB inclusive policies, emergency sanitary products can be obtained from the Medic Team this includes replacement clothing if required.



COMPETITORS

Competitors may only wear either: standard white TAGB Doboks, the most recent National Dobok or TAGB Tiger Doboks. (No club Doboks).

Competitors must wear doboks on the competition area at all times.

ENTRY FEES

Competitor: £15.00 per event (i.e., 3 events £45).

Spectator: £10.00

IMPORTANT NOTE

Any entry errors on the day will be charged at a fee of £10 per event. This is payable by the instructor or student depending on whose error it is. Any fines collected on the day will be donated to charity.

TAG Team: £10.00 per 2-person team. To be paid & entered on the day. Team Patterns: £10.00 per 2-person team. To be paid & entered on the day.

NO REFUND OF ENTRY FEES ARE PERMITTED

NO PHOTOGRAPHY OF ANY KIND PERMITTED ON THE COMPETITION AREA -EXCEPT TAGB MEDIA TEAM

On Behalf of Tae Kwon-Do South West

Thank you for your support

PATTERN DIVISIONS

Juniors

All junior pattern divisions are as follows.

Yellow	(9 th Kup to 7 th Kup)
Green	(6 th Kup to 5 th Kup)
Blue	(4 th Kup to 3 rd Kup)
Red	(2 nd Kup to 1 st Kup)
Black	(All grades together)

Boys & Girls in separate divisions

Adults

All adults pattern divisions are as follows.

Yellow	(9 th Kup to 7 th Kup)
Green	(6 th Kup to 5 th Kup)
Blue	(4 th Kup to 3 rd Kup)
Red	(2 nd Kup to 1 st Kup)
Black	(1 st Dan)
Black	(2 nd Dan & Above)

Male & Female in separate divisions

Patterns

All competitors MUST perform a pattern related to their grade.
Each grade division is listed below in columns.
Black Belts must perform a pattern of their grade as listed.

BLACK 2 nd Dan & Above		1 st Dan	RED	BLUE	GREEN	YELLOW
Tong Il (4th Dan)	Ko Dang (2nd Dan)	Choong Moo (1 st Dan)	Toi Gye	Yul Gok	Do San	Chon Ji
Ui Ji (4th Dan)	Choong Jang (2nd Dan)	Kwang Gae (1 st Dan)	Hwa Rang	Joong Gun	Won Hyo	Dan Gun
Se Jong (4th Dan)	Eui Am (2nd Dan)	Ge Baek (1 st Dan)	Choong Moo	Toi Gye	Yul Gok	Do San
Yon Ge (5th Dan)	Sam Il (3rd Dan)	Po Eun (1 st Dan)				
Moon Moo (5th Dan)	Yoo Sin (3rd Dan)					
So San (5th Dan)	Choi Young (3rd Dan)					

Medals awarded 1x Gold 1xSilver 1xBronze

SPARRING DIVISIONS

PLEASE NOTE: 9TH KUP TO 5TH KUP SPAR TOGETHER
 4TH KUP TO 1ST KUP SPAR TOGETHER
 BLACK BELTS TOGETHER

Junior Sparring Divisions (Boys & Girls Separate Divisions)				
BLACK Continuous	RED Point Stop	BLUE Point Stop	GREEN Point Stop	YELLOW Point Stop
PEE WEE Up to & inc 137cm	PEE WEE Up to & inc 137cm	PEE WEE Up to & inc 137cm	PEE WEE Up to & inc 137cm	PEE WEE Up to & inc 137cm
LIGHTWEIGHT Over 137cm up to & inc 152cm	LIGHTWEIGHT Over 137cm up to & inc 152cm	LIGHTWEIGHT Over 137cm up to & inc 152cm	LIGHTWEIGHT Over 137cm up to & inc 152cm	LIGHTWEIGHT Over 137cm up to & inc 152cm
MIDDLEWEIGHT Over 152cm up to & inc 168cm	MIDDLEWEIGHT Over 152cm up to & inc 168cm	MIDDLEWEIGHT Over 152cm up to & inc 168cm	MIDDLEWEIGHT Over 152cm up to & inc 168cm	MIDDLEWEIGHT Over 152cm up to & inc 168cm
HEAVYWEIGHT Over 168cm	HEAVYWEIGHT Over 168cm	HEAVYWEIGHT Over 168cm	HEAVYWEIGHT Over 168cm	HEAVYWEIGHT Over 168cm

All the above divisions 1 x 1.5 minute rounds.

Medals awarded 1x Gold 1xSilver 2xBronze

Adult Female Sparring Divisions				
BLACK Continuous	RED Continuous	BLUE Continuous	GREEN Point Stop	YELLOW Point Stop
LIGHTWEIGHT Up to & inc 55kg				
MIDDLEWEIGHT Over 55kg up to & inc 65kg				
HEAVYWEIGHT Over 65kg				

All the above divisions 1 x 2 minute rounds.

Medals awarded 1x Gold 1xSilver 2xBronze

Adult Male Sparring Divisions				
BLACK Continuous	RED Continuous	BLUE Continuous	GREEN Point Stop	YELLOW Point Stop
LIGHTWEIGHT Up to & inc 64kg				
WELTERWEIGHT Over 64kg up to & inc 72kg				
MIDDLEWEIGHT Over 72kg up to & inc 80kg				
HEAVYWEIGHT Over 80kg				

All the above divisions 1 x 2 minute rounds.

Medals awarded 1x Gold 1xSilver 2xBronze

DESTRUCTION (BLACK BELTS ONLY)

COMPETITORS MAY ENTER BOTH HAND AND FOOT

Destruction (Black Belts Only)			
MALE HAND	MALE FOOT	FEMALE HAND	FEMALE FOOT
Any Hand Technique (Not Elbow)	Any Standing Rear Leg Kick	Any Hand Technique (Including Elbow)	Any Standing Rear Leg Kick

Medals awarded 1x Gold

DIVISIONS & RULES FOR THE TAG TEAM EVENT.

Teams will consist of 2 competitors, bouts will last for 3 minutes the team with the most points will be the winner. Each time the bout is stopped you can change with a member of your team by tagging your team member's glove.

All members must fight at some stage during the bout.

All matches will be point stop.

Divisions in Tag Team sparring.

MENS : 2 person team. YELLOW-GREEN-BLUE Belts together. No weights.
 2 person team. RED-BLACK Belts. No Weights.

WOMEN: 2 person team. YELLOW-GREEN-BLUE Belts together. No weights.
 2 person team. RED-BLACK Belts. No Weights

*******BOYS & GIRLS SEPARATE TEAMS*******

JUNIORS: YELLOW-GREEN-BLUE Belts together.
 2 person team. Peewee/Light.
 2 person team. Middle/Heavy.

RED-BLACK Belts together.
2 person team. Peewee/Light.
2 person team. Middle/Heavy

Teams to register and pay on the day. **All teams £10 per team**

Medals awarded 1x Gold 1xSilver

Please Note

- ALL team members must be entered into the correct division for the TAG team event. If any team member is found to have entered the wrong division (i.e., a lightweight junior boy cannot be entered into a TAG Team as a middleweight) when they arrive on the area for the TAG Team event the whole team will be disqualified, and NO REFUND of their entry fee will be given.
- No substitutions can be made to a team once their entry has been paid for and the team entered into the TAG Team draw. If a member of your team withdraws then the team will be disqualified, and NO REFUND will be given.
- The whole team must be available for the whole day of the tournament as there is no pre-arranged time for the TAG team event to start.

DIVISIONS & RULES FOR THE TEAM PATTERNS EVENT.

Teams will consist of 2 competitors.

All members MUST perform the pattern relevant to the most Junior grade in the team (eg: a team with a 9th Kup in can only perform pattern Chon Ji and a team with a 3rd Kup in can perform any pattern up to and including Toi Gye)

This pattern must be performed in unison by all three members.

Teams can be mixed gender.

Patterns will be scored as per a normal patterns division.

Divisions in Team Pattern's.

ADULTS : 2 person team. Yellow & Green Belt
 2 person team. Blue & Red Belt
 2 person team. Black Belt

JUNIORS : 2 person team. Yellow & Green Belt
 2 person team. Blue & Red Belt
 2 person team. Black Belt

Teams to register and pay on the day. **All teams £10 per team**

Medals awarded 1x Gold 1xSilver

Please Note:

Teams MUST consist of ALL adults or ALL juniors. Mixed age group teams cannot be entered into TEAM Patterns.

- If any team member is found to have entered the wrong division (i.e., a junior boy aged 15 years or under cannot enter into a Team Pattern team as an adult) when they arrive on the area for the TAG Team event the whole team will be disqualified, and NO REFUND of their entry fee will be given.

Students Guide To Entering TAGB Competitions

BEFORE ENTERING:- Please make sure that:-

- You have a current T.A.G.B. / B.T.C. Licence.
- You are training regularly and understand what is expected of you.
- You are wearing a White TAGB suit, a current TAGB 'National' suit or a TAGB Tiger suit.
- You have a full set of TAGB sparring equipment. (i.e. boots, shin guards, groin guards (for men and boys) gloves, headguard and gum shield).
- You have transport to the venue and you arrive on time.

HOW TO ENTER: - Competitors

All competitors, juniors or adults, whether competing in sparring or patterns or both, must complete a competition entry form. The forms can be obtained from your instructor and must be completed as requested and handed over to your instructor before the closing date stated on the competition information or announced in your class.

PRICES

COMPETITORS (Adults & Juniors) £15 per event

Make sure you are the correct grade as stated on your entry form.

SPECTATORS £10

ENTRY FEES ARE NON-REFUNDABLE

JUNIORS (under 16)

Make sure you are the correct height for your division. You will be height tested on the day and if you are not in the correct height division you will be disqualified from that division.

SPECTATORS

You may purchase a ticket from your instructor on request, or you may pay on the door at the competition. There will be a separate queue for spectators. All spectators who purchased a ticket beforehand will generally be allowed into the competition hall before those who are paying on the day.

ON THE DAY OF THE COMPETITION

NO SPECTATORS ARE ALLOWED AROUND THE COMPETITION AREAS – THEY MUST BE SEATED IN THE SEATS PROVIDED, OR THEY MAY BE ASKED TO LEAVE THE HALL.

- The competition will start with the pattern's events, first with the juniors and then the adult divisions.
- Each competition area will be allocated with an area number that will be indicated by the number on the tablecloth and a numbered signpost. There will also be a coloured sign, signifying the belt colour and category of the current division, situated underneath the numbered signpost at head high level.
- Listen out for an announcement of the start of your division on an allocated area over the Public Address System. (You can also check the running order, which may be displayed on a plasma screen somewhere in the hall, when available.)
- All juniors will be height tested before the sparring competition starts at an allocated area (i.e. all yellow belt boys, all heights).
- All cadets & adults will be weighed in before they spar at the allocated area for that division.

Failure to be height tested / weighed in will result in a competitor not being entered for the sparring event (if they are competing in the sparring event).

**You must make sure that you are in the right competition area at the right time.
If you are unsure, then you must ask your instructor or an official.**



TAE KWON-DO SOUTH WEST

COMPETITION ENTRY FORM



TAGB SCHOOL	INSTRUCTOR	
SURNAME	FORENAME	

ABOUT YOU (Please circle accordingly)

JUNIOR BOYS & GIRLS: UPTO AND INCLUDING 15 YEARS SENIOR MALE & FEMALE : 16 YEARS AND ABOVE

GENDER	BOY	GIRL	MALE	FEMALE	
BELT COLOUR	YELLOW	GREEN	BLUE	RED	BLACK (DAN)

YOUR COMPETITION ENTRY @ £15 per event

SPARRING YES / NO (Please circle accordingly)

If you are sparring use the chart on the right and choose the correct division below

PEE-WEE	LIGHT	WELTER	MIDDLE	HEAVY
---------	-------	--------	--------	-------

PATTERNS YES / NO (Please circle accordingly)

COLOURED BELT	BLACK BELT
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DESTRUCTION YES / NO (Black Belts Only)

HAND	FOOT	BOTH
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SPECTATOR TICKETS: @ £10 each Number Required :

TOTAL AMOUNT SUBMITTED INCLUDING ENTRIES & SPECTATORS	£
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OFFICIALS

(Black Belts Only)

You cannot compete and officiate

<p>Would you like to officiate YES / NO</p> <p>To officiate you must enter your details on our area website</p> <p>www.taekwondosouthwest.co.uk</p>
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UPTO AND INCLUDING 15 YEARS			16 YEARS AND ABOVE		
AGE CATEGORY	SPARRING HEIGHTS / WEIGHTS	SPARRING DIVISIONS	CODE		
JUNIORS	Up & Inc 137cm	PEE WEE	P		
JUNIORS	Over 137cm up to & inc 152cm	LIGHTWEIGHT	L		
JUNIORS	Over 152cm up to & inc 168cm	MIDDLEWEIGHT	M		
JUNIORS	Over 168cm	HEAVYWEIGHT	H		
LADIES COLOUR	Up to & inc 55kg	LIGHTWEIGHT	L		
LADIES COLOUR	Over 55kg up to & inc 65kg	MIDDLEWEIGHT	M		
LADIES COLOUR	Over 65kg	HEAVYWEIGHT	H		
MENS COLOUR	up to & inc 64kg	LIGHTWEIGHT	L		
MENS COLOUR	above 64kg to & inc 72kg	WELTERWEIGHT	W		
MENS COLOUR	above 72kg to & inc 80kg	MIDDLEWEIGHT	M		
MENS COLOUR	above 80kg	HEAVYWEIGHT	H		
LADIES BLACK	Up to & inc 55kg	LIGHTWEIGHT	L		
LADIES BLACK	Over 55kg up to & inc 65kg	MIDDLEWEIGHT	M		
LADIES BLACK	Over 65kg	HEAVYWEIGHT	H		
MENS BLACK	up to & inc 64kg	LIGHTWEIGHT	L		
MENS BLACK	above 64kg to & inc 72kg	WELTERWEIGHT	W		
MENS BLACK	above 72kg to & inc 80kg	MIDDLEWEIGHT	M		
MENS BLACK	above 80kg	HEAVYWEIGHT	H		

I CERTIFY THAT THE FACTS STATED ON THIS FORM ARE CORRECT AND I AM FIT AND HEALTHY TO TAKE PART IN THIS COMPETITION. I ALSO CONFIRM THAT I HAVE READ AND UNDERSTOOD THE COMPETITION RULES AS PROVIDED BY MY INSTRUCTOR AND ONLINE COMPETITORS SIGNATURE.....

PARENTS SIGNATURE:.....

TAGB INSTRUCTORS SIGNATURE:.....